

Thames View Infants



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Dear Parents and Carers,

'Hello Yellow'- For Young Minds

We will be taking part in 'Hello Yellow' in support of [Young Minds](https://www.youngminds.org.uk) on Friday 9th October 2026, which is World Mental Health Day.

There are days when all of us struggle with how we are feeling. Things can get tough, and it can be difficult knowing how to cope. For so many young people, when this happens, they don't always get the help they need, when they need it. They don't know where to turn, who to talk to, or even if anyone else feels the same.

But we'd like to help change this.

To take part, children can wear yellow to school next Friday, and we'd like to ask parents and carers to donate to help Young Minds keep fighting for young people's mental health.

Our suggested donation is £1 which can be given to your child's class teacher. However, any donation would be appreciated.

If you have any concerns or worries about your child's mental health, or your own, please reach out and speak to us.

Yours sincerely,

Emma Murphy | *Inclusion Officer*

