

NURSERY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS 	Smokey BBQ Chicken	Super Swirl Beefy Pasta (G/W)	Chicken Biryani	BBQ Chicken & Sweetcorn Pizza (MK, G/W)	Captain's Crispy Fish Fingers (F, G/W)
	Cheesy Tomato Pizza (MK, G/W)	Vegetable Biryani (CE, SU, G/B*, O*, R*, W*)	Smokey BBQ Pulled Jackfruit	Super Swirl Veggie Pasta (G/W)	Cheesy Mexican Veggie Burrito (MK, G/W)
SIDES 	Steamed Rice	Garlic Bread (MK*, SO*, G/W)		Homemade Potato Wedges	Chips
	Crudites	Crudites	Crudites	Crudites	Baked Beans or Peas
PUD 	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Daily Salad Bar Homemade Bread Fresh Fruit					

DATES

31 AUG / 21 SEPT / 12
OCT / 9 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

All Meat is Halal Certified

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS 	Beef Ragu Topped Mac & Cheese (MK, G/W)	Mid Chicken Tikka Masala (MK, G/B*, O*, R*, W*)	Lightly Spiced Chicken	Homemade Beefy Lasagne (E*, MK, G/B*, W)	Pepperoni Pizza (CE*, E*, MK, MU*, SO*, G/W)
	Mild Vegetable Tikka Masala (MK, G/B*, O*, R*, W*)	Homemade Roasted Squash & Root Vegetable Lasagne (E*, MK, G/W)	Roasted Butternut Squash Topped Mac & Cheese (MK, G/W)	Lightly Spiced 'Plant Based' Chickn	Margherita Pizza (MK, G/W)
SIDES 	Crudites	Steamed Rice	Paprika Diced Potatoes	Broccoli	Homemade Potato Wedges
		Crudites	Crudites	Crudites	Crudites
PUD 	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
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DATES

7 SEPT / 28 SEPT / 19
OCT / 16 NOV / 7 DEC

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS 	Sticky Chicken Pasta Bake (CE, G/W)	Cowboy Beef Chilli (CE)	Roast Chicken with Gravy	Jerk Chicken Curry (CE)	Crispy Catch Fish (F, G/B*, W)
	Roast Jerk Quorn Fillet (G/W)	Jerk Vegetable Curry (CE, G/B*, O*, R*, W*)	Sticky Veggie Pasta Surprise (CE, G/W)	Tex Mex Mild Veggie Chilli (CE)	Cheesy Pizza (MK, G/W)
SIDES 	Crudites	Steamed Rice	Roast Potatoes	Steamed Rice	Chips
		Crudites	Crudites	Crudites	Baked Beans or Peas
PUD 	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
Daily Salad Bar Homemade Bread Fresh Fruit					

DATES

14 SEPT / 5 OCT / 2
NOV / 23 NOV / 14 DEC

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