

# Thames View Infants




Bastable Avenue  
Barking  
Essex, IG11 0LG  
020 8270 4317

Paul Jordan  
**Headteacher**

Rosa Corcoran-Jones  
**Deputy Headteacher**

Adam Dobson  
**Assistant Headteacher**

Office@[ThamesViewInfants.org](mailto:ThamesViewInfants.org)  
[ThamesViewInfants.org](https://www.ThamesViewInfants.org)  
 [@TVInfants](https://www.youtube.com/@TVInfants)

29 September 2025

Dear Parents and Carers,

## Reassurance from UK Health Experts

We are aware that there have been numerous news articles and social media posts relating to claims from Donald Trump, that there is a link between the use of paracetamol in pregnancy and children being diagnosed with autism.

The NHS has clear guidance on the safety of paracetamol in pregnancy here - [Pregnancy, breastfeeding and fertility while taking paracetamol for adults - NHS](#). It states very clearly that "Paracetamol is the first choice of painkiller if you're pregnant. It's commonly taken during pregnancy and **does not harm your baby.**"

The UK Medicines and Healthcare products Regulatory Agency (MHRA) issued additional guidance for Healthcare Professionals on 23<sup>rd</sup> September 2025, which states that "**there is no evidence that taking paracetamol during pregnancy causes autism in children.** Paracetamol is recommended as the first-choice pain reliever for pregnant women, used at the lowest dose and for the shortest duration. It also acts as an antipyretic and is therefore used to treat fever." ([Paracetamol and pregnancy - reminder that taking paracetamol during pregnancy remains safe - GOV.UK](#)).

MHRA has more specific guidance which states-

- untreated pain and fever can pose risks to the unborn baby, so it is important that patients continue to manage these symptoms with the recommended treatment
- patients should not swap to alternatives such as ibuprofen, as non-steroidal anti-inflammatory drugs (NSAIDs) are generally not recommended during pregnancy
- pregnant women should be advised to continue to follow [existing NHS guidance](#) and speak to their healthcare professional if they have questions about any medication during pregnancy

As with any medical queries, please always consult your healthcare professional. Our School Nurse Drop In is also a really useful service where you can seek advice or ask questions. Our next Drop In is Monday 6<sup>th</sup> October at 9am.

Yours sincerely,  
Emma Murphy | *Inclusion Officer*



Medicines &  
Healthcare products  
Regulatory Agency



**Graded Outstanding Again!**

**2024**



Healthy Schools

e-learning foundation affiliated school