

Family Support Bulletin



July Edition



WHERE KIDS CAN EAT FREE OR CHEAP THIS SUMMER

Asda

Kids eat for £1 daily. No minimum spend

Tesco

Kids eat free With a 60p spend until Aug 31st

Burger King

kids eat free (via app) From 28 Jul - 31 Aug

Pausa cafe Dunelm

Kids eat free with £4 spend after 3pm

BILLS
Kids eat free Weekdays
21 Jul-29 Sept

Toby Carvery

Kids eat for £1 all Weekdays until Aug 29

Zizz

Kids eat free this summer holidays (excluding Saturdays)

Morrisons

Kids eat free all day, every day With £5 min spend

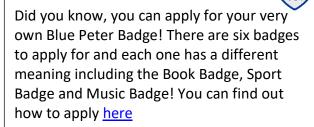
Yo! Sushi

Kids eat free this summer holidays (excluding Saturdays)

Harvester

Kids eat for £1 Mon-Fri via the app

Blue Peter Badge



Blue Peter Badges gain access to over 200 attractions for <u>free</u> including London Zoo, Colchester Castle, London Wetland Centre and The Tower of London.





'Barking Library of Things', is a place where you can borrow useful things for your home, projects and adventures – making them more affordable and more convenient.

Things you can borrow include:

- Carpet cleaner
- Cordless drill
- Wallpaper stripper
- Garden tools
- Ice- cream & waffle makers
- Games consoles
- Travel cot
- Sewing machine

Plus. lots more!

You can find them at Barking Learning Centre, 2 Town Square, Barking, IG11 7NB

For costs and other information, please click the link.



There are a number of food banks in Barking and Dagenham that can provide emergency food parcels to help people who are temporarily unable to provide for themselves. Some of them require you to obtain a voucher in order to receive a food parcel, so check with them before you visit. Contact details are listed below. More can be found on the <u>Trussell Trust</u> website.

- Dagenham Foodbank, Flowing Rivers Centre, 112
 Broad Street, RM109HP
 Mon- Fri 2:30pm-3:30pm & Sunday 10:00am12:00pm
- Dagenham Foodbank, Living Hope Centre, Old Dagenham Methodist Church, Rainham Road South, RM108YB Tuesday's 5pm-6pm
- Church Elm Hub, Dagenham Library, Church Elm Lane, RM109QS Community Food Club- Thursday and Friday, 11am- 1pm





For SEND Families and Children





London Theatre Week is back! Any child aged 17 and under goes free when accompanied by an adult paying tull price. Plus, an additional two children can attend for half price. Check out the participating shows below! This year, Kids Week performances will run from Monday 21st July- Sunday 31st August. For more info, please click the link.

If you are a theatregoer with access requirements, please find more information here.

During Kids Week some shows will have workshop sessions or interactive curtain calls before or after performances, so you can get even more from your theatre trip!



