



Thames View
Infants

Family Support Bulletin



July Edition



ALL WOMEN'S NETWORK
DISCOVER YOUR PASSION, EMBRACE YOUR PURPOSE

FREE SCHOOL UNIFORM & ESSENTIALS DRIVE

"Together, We're Bridging the Gap—Making Sure No Child Starts School Without the Essentials."

ACTIVITIES

- Arts & Crafts Corner
- Hair Braiding Workshop + 360 Photo Booth
- Learning & Resource Area
- Free School Uniform Packages
- Free Breakfast Packs Available
- Employment Support & Advice
- Positive Parenting Skills Workshop

SATURDAY
30TH AUGUST, 2025

TIME
12PM - 4PM

BARKING LEARNING CENTRE
LEARNING CENTRE, 2 TOWN SQ,
BARKING IG11 7NB

For More Information
allwomensnetwork@gmail.com

Stronger Starts
In partnership with

Back to School
SUPPORT AND THRIVE
FAMILIES PROGRAMME



Blue Peter Badge



Did you know, you can apply for your very own Blue Peter Badge! There are six badges to apply for and each one has a different meaning including the Book Badge, Sport Badge and Music Badge! You can find out how to apply [here](#)

Blue Peter Badges gain access to over 200 attractions for [free](#) including London Zoo, Colchester Castle, London Wetland Centre and The Tower of London.



LIBRARY of THINGS.

'Barking Library of Things', is a place where you can borrow useful things for your home, projects and adventures – making them more affordable and more convenient.

Things you can borrow include:

- Carpet cleaner
- Cordless drill
- Wallpaper stripper
- Garden tools
- Ice- cream & waffle makers
- Games consoles
- Travel cot
- Sewing machine

Plus, lots more!

You can find them at Barking Learning Centre, 2 Town Square, Barking, IG11 7NB

For costs and other information, please click the [link](#).

WHERE KIDS CAN EAT FREE OR CHEAP THIS SUMMER

Asda

Kids eat for £1 daily. No minimum spend

Tesco

Kids eat free with a 60p spend until Aug 31st

Burger King

Kids eat free (via app)
From 28 Jul - 31 Aug

Pausa cafe Dunelm

Kids eat free with £4 spend after 3pm

BILLS

Kids eat free weekdays
21 Jul-29 Sept

Toby Carvery

Kids eat for £1 all weekdays until Aug 29

Zizzi

Kids eat free this summer holidays (excluding Saturdays)

Morrisons

Kids eat free all day, every day with £5 min spend

Yo! Sushi

Kids eat free this summer holidays (excluding Saturdays)

Harvester

Kids eat for £1 Mon-Fri via the app





There are a number of food banks in Barking and Dagenham that can provide emergency food parcels to help people who are temporarily unable to provide for themselves. Some of them require you to obtain a voucher in order to receive a food parcel, so check with them before you visit. Contact details are listed below. More can be found on the [Trussell Trust](https://www.trusselltrust.org/) website.

1. [Dagenham Foodbank](#), Flowing Rivers Centre, 112 Broad Street, RM109HP
Mon- Fri 2:30pm-3:30pm & Sunday 10:00am-12:00pm
2. [Dagenham Foodbank](#), Living Hope Centre, Old Dagenham Methodist Church, Rainham Road South, RM108YB
Tuesday's 5pm-6pm
3. [Church Elm Hub](#), Dagenham Library, Church Elm Lane, RM109QS
Community Food Club- Thursday and Friday, 11am- 1pm

Family meet UP

AUGUST 1ST 2025
BARKING PARK
BARKING IG11 8TA
12:30 -2:30
WEATHER PERMITTING

AUGUST 28TH 2025
MAYESBROOK PARK
180 LODGE AVE,
DAGENHAM RM8 2JR
12:30-2:30
WEATHER PERMITTING

SIGN UP NOW!
TEXT YOUR INTEREST TO
07936851199

PLEASE BRING YOUR OWN PICNIC OR SNACKS
JUICES WILL BE PROVIDED EVERYONE WELCOME

FUTUREBILITY

FOR MEMBERS AGED 8-25

On Sunday it is Futurebility at Future Youth Zone

Fun sessions adapted exclusively for those with additional needs

Futurebility sessions contain fewer numbers of young people, this enables our staff and volunteers to have more one to one time with our amazing futurebility members!

EVERY SUNDAY 10AM - 2PM

Want to know more about Futurebility? Email our Inclusion Manager Sereena - sereena.lewis@futureyouthzone.org

SENSORY. COOKING. ARTS. SPORTS. CLIMBING. MUSIC. DANCE.

FUTURE
An OnSide Youth Zone

For SEND Families and Children

KIDS WEEK



London Theatre Week is back! Any child aged 17 and under goes free when accompanied by an adult paying full price. Plus, an additional two children can attend for half price. **Check out the participating shows below!** This year, Kids Week performances will run from **Monday 21st July- Sunday 31st August**. For more info, please click the [link](#).

If you are a theatregoer with access requirements, please find [more information here](#).

During Kids Week some shows will have [workshop sessions or interactive curtain calls](#) before or after performances, so you can get even more from your theatre trip!

