



## June Edition



### Tesco Sensory Support Boxes

You can now request Sensory Support Boxes in over 500 Tesco stores. These boxes include noise cancelling ear defenders and sunglasses, as well as emotion cards to help customers, particularly children, communicate their feelings easily (who may be non-verbal).

They also include a selection of fidget toys, which encourage focus and can help with coping mechanisms like stimming.

The initiative builds on Tesco's existing Quiet Hour program, held every Wednesday and Saturday from 9:00-10:00am, which offers a quieter and less stimulating shopping environment in its stores.



### Strengthening Families, Strengthening Communities

Strengthening Families, Strengthening Communities (SFSC) is a 13-week programme for parents of children aged 0-18 years. SFSC is a culturally sensitive parenting programme for parents incorporating positive parenting, enhancing relationships, managing anger, promoting community engagement, child development and emotional wellbeing.

There are three venues that it will be held at, and they will all run for 13 weeks, during term time only-

#### Thames View Community Hub, IG11 0LG

Starting on Tuesday 9<sup>th</sup> September 2025  
From 10am – 1pm.

#### Hunters Hall Primary School, RM10 8DE

Starting on Thursday 11<sup>th</sup> September 2025  
From 9:30am – 12:30pm.

#### James Campbell Primary School, RM9 6TD

Starting on Tuesday 16<sup>th</sup> September 2025  
From 9:30am – 12:30pm.

Please complete their [Referral Form](#) if you would like to register your interest, or speak to Emma who can assist you.

## SCHOOL UNIFORM SALES 2025

	Deal	When?
	£5 school uniform bundle	29 June * confirmed
	25% off uniforms (with Clubcard)	23rd July * predicted
	25% off uniforms (with Nectar)	18 June * predicted
	20% off uniforms	1 July * predicted
	20% off uniforms	23 June * confirmed

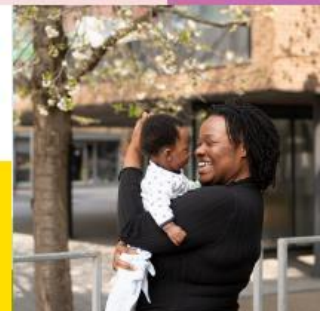


**Barking &  
Dagenham**

### Strengthening Families Strengthening Communities



Promoting a free inclusive course to help parents and carers to raise healthy and happy babies and young children.



Creche available upon request



SCAN ME



- Location: Thames View Community Hub, Bastable Avenue, IG11 0LG
- Starting: Tuesday 9<sup>th</sup> September 2025
- Time: 10m - 1pm
- Contact: Jade Briant 07841903289  
jade@racefound.org.uk



# This Summer

Get involved in healthy and fun activities

Check out the programme at [lbdd.gov.uk/HAF](http://lbdd.gov.uk/HAF)

*Each activity includes a healthy lunch!*

#HAF2025  
Parents and carers may be eligible for tax-free childcare with some providers. This provision is free for children and young people who live or go to school in Barking and Dagenham and are eligible for benefits related free school meals.

Department for Education

Barking & Dagenham



We're always so grateful for your generous donations of pre-loved school uniform. As the academic year comes to an end, please keep us in mind when clearing out your old uniform. We are starting to run low, particularly in older sizes. If you have any of the following items, we'd be extremely thankful to receive them.

- Jumpers/ Cardigans/ Fleeces
- Polo Shirts
- Trousers/ Jogging Bottoms/ Shorts
- Skirts
- Leggings
- PE Kits

THANK YOU!

## DABD – HAF Summer Camp for SEND children

The Disablement Association of Barking & Dagenham (DABD) is pleased to announce its HAF (Holiday Activities and Food) programme for the summer school holidays.

Over 16 days, DABD will be offering a range of **free activities** for children and young people with special educational needs and disabilities (SEND) and are eligible for benefit-related free school meals.

This carefully designed programme caters specifically to the needs of SEND participants, offering a variety of fun and educational sessions

Activities will include-

- Healthy eating demonstrations
- Painting
- Sensory play, water and sand play
- Arts and crafts
- Music
- Dancing
- Playdough
- LEGO
- Inclusive sports such as football and sensory-adapted yoga.

Ages: 5 to 16

Location: DABD, Pembroke Gardens RM9 5NU

Dates:

Week 1: 28 July to 31 July

Week 2: 4 August to 8 August.

Week 3: 11 August to 14 August

Week 4: 18 August to 21 August



Please email [send@dabd.org.uk](mailto:send@dabd.org.uk) for booking information.

## MEET YOUR COUNCILLORS

Thames View Ward



Cllr Sabbir Zamee

Deputy Chair  
Licensing & Regulatory Committee



First and Last  
Friday\*



10 AM  
12 PM



Thames Community Hub  
Bastable Avenue IG11 0LG