



| Week 1                 | Monday                                   | Tuesday   | Wednesday   | Thursday                                  | Friday                           |
|------------------------|--|---|---|---|----------------------------------|
| 1 <sup>st</sup> Choice | Sweet Chilli Chicken Meatballs with Rice | Lamb & Lentil Lasagne with Garlic Slice           | Roast Chicken & Herby Stuffing with Roast Potatoes      | Fruity Caribbean Chicken with Rice & Peas | Fish Fingers with Chips          |
| 2 <sup>nd</sup> Choice | Jacket Potato with Choice of Fillings    | Salmon & Sweet Potato Fishwich with Jacket Wedges | Roast Quorn Fillet & Herby Stuffing with Roast Potatoes | Quorn Soft Shell Taco with Rice           | Chicken Shawarma in Flat Bread   |
| 3 <sup>rd</sup> Choice | Teriyaki Quorn with Noodles              | Veggie Keema With Rice & Naan                     | Spinach & Feta Whirl with Roast Potatoes                | Lentil Spaghetti Bolognese                | Pizza Slice with Chips           |
| Vegetable Selection    | Sweetcorn<br>Fresh Broccoli              | Green Beans<br>Fresh Carrots                      | Seasonal Fresh Vegetables                               | Mixed Vegetables<br>Sweetcorn             | Garden Peas<br>Baked Beans       |
| Dessert of the Day     | Frozen Yoghurt with Fruit Salad*         | Apple & Berry Crumble with Custard*<br>           | Peaches with Greek Yoghurt & Honey Crunch*<br>          | Brownie Slice with Ice Cream*<br>         | Summer Fruit with Whipped Cream* |

Daily Options:

Selection of Sandwiches / Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

New Dish



Vegetarian



Plant Based
















Sugar Smart



\* (Egg Free Dessert Recipe)





| Week 2                 | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|------------------------|--|--|---|---|--|
| 1 <sup>st</sup> Choice | Chicken Burrito with Coleslaw & Mexican Salad  | Baked Sausages served with Mashed Potatoes   | Roast Chicken with Yorkshire Pudding served with Roast or New Potatoes  | Lamb & Vegetable Jollof Rice  | Fish in Batter with Chips  |
| 2 <sup>nd</sup> Choice | Rasta Pasta with Jalapeno Bread<br>  | BBQ Kickin' Chicken with Rice  | Tuna Melt Panini served with Salad & Coleslaw   | Veggie Pasta Bake with Focaccia Slice    | Quorn Dippers with Sweet Chili Sauce & Chips  |
| 3 <sup>rd</sup> Choice | Veggie Frankfurter Hot Dog with Jacket Wedges   | Crushed Chickpea & Sweetcorn Mayo Wrap    | Quorn Fillet served with Yorkshire Pudding & Roast Potatoes    | Calzone Pizza Slice                       | Sausage & Stuffing Roll with Chips            |
| Vegetable Selection    | Sweetcorn<br>Fresh Broccoli  | Fresh Carrots<br>Green Beans   | Seasonal Fresh Vegetables   | Mixed Vegetables<br>Sweetcorn   | Garden Peas<br>Baked Beans   |
| Dessert of the Day     | Frozen Orange & Mango Smoothie*   | Chocolate & Pear Slice with Chocolate Sauce*   | Lemon & Sultana Flapjack Slice*    | Peach Melba Crumble with Ice Cream*   | Jelly with Summer Fruit*                    |

Daily Options:

Selection of Sandwiches / Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

New Dish  Vegetarian  Plant Based  Sugar Smart  \* (Egg Free Dessert Recipe)





| Week 3                 | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   |
|------------------------|--|---|--|---|--|
| 1 <sup>st</sup> Choice | 'Fable' Burger in a Bun with Jacket Wedges<br> | Souvlaki Chicken with Rice                          | Roast Lamb with Yorkshire Pudding & Roast Potatoes       | Roast Chicken Pie with Jacket Wedges                        | Fish Fingers with Chips                              |
| 2 <sup>nd</sup> Choice | Cauliflower Korma with Basamati Rice<br>       | Vegetable Samosa with Tarka Dhal & Basmati Rice<br> | Quorn Fillet with Yorkshire Pudding & Roast Potatoes<br> | Mac & Cheese with Focaccia<br>                              | Chicken Tikka Naan with Indian Style Salad & Yoghurt |
| 3 <sup>rd</sup> Choice | Mixed Bean & Sweet Potato Quesadilla<br>       | Jacket Potato with Choice of Fillings<br>           | Chickpea & Potato Curry with Rice<br>                    | Southern Quorn Burger in Brioche Bun with Jacket Wedges<br> | Veggie Pattie Muffin with Chips<br>                  |
| Vegetable Selection    | Sweetcorn<br>Fresh Broccoli                    | Green Beans<br>Fresh Carrots                        | Seasonal Fresh Vegetables                                | Mixed Vegetables<br>Sweetcorn                               | Garden Peas<br>Baked Beans                           |
| Dessert of the Day     | Fruit with Frozen Yoghurt*<br>                 | Banana Slice* with Chocolate Custard<br>            | Tropical Cheesecake*<br>                                 | Lemon & Berry Cake with Custard*<br>                        | Summer Fruit Platter with Ice Cream*<br>             |

Daily Options:

Selection of Sandwiches / Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

New Dish Vegetarian Plant Based Sugar Smart \* (Egg Free Dessert Recipe)

