

Thames View Infants



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13 September 2024

Dear Parents and Carers,

'Hello Yellow' - For Young Minds

We will be taking part in 'Hello Yellow' in support of [Young Minds](#) on Thursday 10 October 2024, which is World Mental Health Day.

There are days when all of us struggle with how we are feeling. Things can get tough, and it can be difficult knowing how to cope. For so many young people, when this happens, they don't always get the help they need, when they need it. They don't know where to turn, who to talk to, or even if anyone else feels the same.

But we'd like to help change this.

To take part, children can wear yellow to school, and we'd like to ask parents and carers to donate to help Young Minds keep fighting for young people's mental health. Our suggested donation is £1 which can be given to your child's class teacher. However, any donation would be appreciated.

We work closely with the Mental Health Support Team (MHST) within Barking & Dagenham, so if you feel your child, or you, would benefit from some support, please reach out and speak to us.

Yours sincerely,

Emma Murphy | Inclusion Officer



We're a PAPERLESS School – so you must download & register your ParentMail App to receive e-newsletters, to book after-school clubs & Parents' meetings or to confirm consent for educational visits.