

Thames View Infants



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Dear Parent / Carers;

Mental Health Day @TVI

On Tuesday 10th October we will be marking World Mental Health Day @TVI by inviting everyone to wear green for the day.



World Mental Health Day is dedicated to raising awareness about mental health issues and promoting emotional well-being. The day aims to reduce the stigma surrounding mental health problems, provide support to individuals who may be struggling and advocate for better mental health care and policies worldwide. It also serves as a reminder of the importance of taking care of our mental health and supporting those who may be facing mental health challenges.

Children will have a special assembly on this day in order to teach them all about their emotions, how look after themselves, stay happy and what to do when they're feeling sad or unhappy. The children will even be practising mindfulness on this day.

So, make a note in your diary that Tuesday 10th October is a non-uniform day here at TVI and the theme is 'Wear Green for Mental Health Day'.

Yours sincerely,

Paul Jordan
Headteacher



We're a PAPERLESS School – so you must download & register your ParentMail App to receive e-newsletters, to book after-school clubs & Parents' meetings or to confirm consent for educational visits.