



YOUR MENU @

**THAMES VIEW
INFANTS**

----- Spring - Summer 2023 -----

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Sweet Chilli Meatballs with Rice <small>ND</small>	Lamb Lasagne with Garlic Slice	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Pasta Bolognese Bake with Focaccia Slice	Fish in Batter served with Jacket Wedges
Second Choice	Jacket Potato with Tuna Mayo	Sri Lankan Fish Curry with Basmati Rice	Quorn Soft Shell Taco with Rice <small>ND</small> <small>V</small>	Wholemeal Spinach & Ricotta Pasta Parcels <small>ND</small> <small>V</small>	Cajun Spiced Vegetable Stew with Jacket Wedges <small>V</small>
Vegetarian Choice	Quorn Dippers with Sweet & Sour Sauce & Egg Noodles <small>V</small>	Veggie Keema with Rice & Naan <small>V</small>	Roast Vegetable Tart with Roast Potatoes <small>V</small>	Southern Style Chicken Wrap with Lettuce & Cucumber <small>FGR</small> <small>PB</small>	Tuna Crunch Baguette served with Salad
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Raspberry Ripple Ice Cream Sponge Roll	Frozen Yoghurt served with Fruit Salad	Apple Crumble with Vanilla Ice Cream <small>SS</small>	Peach Melba Cake with Custard <small>SS</small>	Belgian Waffle with Fruit Salad
Daily Options					
Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt					

WEEK 1

17 APR, 8 MAY, 5 JUN, 26 JUN, 17 JUL, 4 SEPT, 25 SEP, 16 OCT

Meat Served at this School is Halal & non-Halal



KEY: V - Vegetarian PB - Plant Based SS - Sugar Smart
ND - New Dish FGR - In association with Forest Green Rovers

DINEin
AND DISCOVER



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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	BBQ Chicken with Herby Diced Potatoes	Baked Sausages with Mashed Potatoes	Roast Turkey & Yorkshire Pudding With Roast or New Potatoes & Gravy	Lamb & Vegetable Jollof Rice	Fish Fingers with Jacket Wedges
Second Choice	Creamy Butternut Squash Pasta Bake V	Jacket Potato with Cheese & Beans V	Chicken Burrito & Mexican Salad	Cheese & Tomato Pizza Slice with Jacket Wedges V	Chickpea & Potato Curry with Rice PB
Vegetarian Choice	Cheese & Onion Slice with Herby Diced Potatoes V	Cheese & Potato Pie V	Veggie 'Toad in the Hole' with Roast Potatoes V	Vegetable Pasta Bake PB	Veggie Dippers with Jacket Wedges V
Vegetable Selection	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Fresh Carrots Green Beans
Dessert of the Day	Apple & Carrot Cake with Custard ND SS	Chocolate Sponge Slice with Chocolate Custard SS	Jelly with Summer Fruit	Strawberry Yoghurt Cake with Custard ND SS	Black Forest Slice with Ice Cream SS
Daily Options					
Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt					

WEEK 2

24 APR, 15 MAY, 12 JUN, 3 JUL, 11 SEPT, 2 OCT

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WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Lamb & Vegetable Curry with Rice & Naan	Chicken & Spring Vegetable Pie with Herby Diced Potatoes	BBQ Chicken with New Potatoes	Jerk Spiced Chicken with Rice & Peas	Fish Fingers with Chips
Second Choice	Mac 'n' Cheese with Focaccia Slice V	Chicken Burger in a Bun with Herby Diced Potatoes	Fish Wrap with New Potatoes	Kickin' Chicken Enchilada with Jacket Wedges	Chicken Tikka Naan with Indian Salad
Vegetarian Choice	Mixed Bean Wrap with Rice PB	Jacket Potato with Cheese & Beans V ND	Veggie Cassoulet with New Potatoes V	Southern Style Burger in a Roll with Jacket Wedges V	Veggie Sausage Roll with Chips PB
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Plantain Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Fruity Flapjack SS	Lemon & Lime Cheesecake ND	Frozen Fruit Smoothie	Sticky Mandarin SS Sponge with Ice Cream	Chocolate Shortbread SS
Daily Options					
Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt					

WEEK 3

1 MAY, 22 MAY, 19 JUN, 10 JUL, 18 SEPT, 9 OCT

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