



Medium Term Planning

Year 2 - Term 3a

Food and Fasting		Keywords & Phrases
Learning Objectives	Learning Activities	
<p>Children will be taught to:</p> <ul style="list-style-type: none"> • Consider what is fasting and why people do it • Explain what food is special to eat at certain times for Muslims and Christians • Explain why people fast and why it is important to believers 	<p>Class discussion around going without food</p> <p>Children consider how they would feel to go without foods they like. Do some role play and listen to Samira’s Eid story</p> <p>Find out more about Muslim people fasting during Ramadan</p> <p>Create some food for a classroom Eid celebration</p> <p>Discover how and why Jesus fasted, and why Christians fast during Lent</p> <p>Learn about pancake day traditions and taste some pancakes</p> <p>Discuss and write about ‘should we all fast?’</p>	<ul style="list-style-type: none"> • Fasting • Lent • Ramadan • Eid Ul Fitr • Shrove Tuesday • Ash Wednesday