



Year 1 - Term 1a

Dance	Keywords & Phrases			
<p>Learning Objectives</p> <p>Children should learn to:</p> <ul style="list-style-type: none"> • Move with confidence, imagination and in safety • Movement control and coordination • Show awareness of space of themselves and others • Recognise that changes happen to their bodies when they are active • Recognise and explore repeated sounds and sound patterns • Match movements to sound patterns • Respond a variety of ways to what they see, hear and feel <p>This unit also makes a contribution to children learning to:</p> <ul style="list-style-type: none"> • Handle...objects...safely and with increasing control • Express and communicate their ideas, thoughts and feelings • Use imagination 	<p>Activities</p> <p>Rawmarsh</p> <p>Dance Late Foundation Stage (Lesson 7 – 12)</p>	<table border="0"> <tr> <td data-bbox="1469 440 1816 1262"> <p>Actions</p> <ul style="list-style-type: none"> • balance • walk; jog; run; hop; bounce; skip • travel on hands and feet • stop; rest • climb • turn • jump; land • gesture <p>Dynamics</p> <ul style="list-style-type: none"> • slow; fast • big and small shapes • forward; backward <p>Others</p> <ul style="list-style-type: none"> • safe; safely • copy • tired; out of breath </td> <td data-bbox="1816 440 2168 1262"> <p>Space</p> <ul style="list-style-type: none"> • on the spot • find a space • move around the space • move to another space • over and along • onto and off apparatus • weaving in and out of <p>Body Parts</p> <ul style="list-style-type: none"> • foot; feet; hand; hands • arm; leg; knee; back • tummy • seat </td> </tr> </table>	<p>Actions</p> <ul style="list-style-type: none"> • balance • walk; jog; run; hop; bounce; skip • travel on hands and feet • stop; rest • climb • turn • jump; land • gesture <p>Dynamics</p> <ul style="list-style-type: none"> • slow; fast • big and small shapes • forward; backward <p>Others</p> <ul style="list-style-type: none"> • safe; safely • copy • tired; out of breath 	<p>Space</p> <ul style="list-style-type: none"> • on the spot • find a space • move around the space • move to another space • over and along • onto and off apparatus • weaving in and out of <p>Body Parts</p> <ul style="list-style-type: none"> • foot; feet; hand; hands • arm; leg; knee; back • tummy • seat
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Year 1 - Term 1a

Games	Striking/Fielding Games	Keywords & Phrases	
<p>Learning Objectives</p>	<p>Activities</p>		
<p>Children should learn to:</p> <p>Acquiring and developing skills</p> <ul style="list-style-type: none"> To be confident and safe in the spaces used to play game To explore and use skills, actions and ideas individually and in combination to suit the games they are playing <p>Selecting and applying</p> <ul style="list-style-type: none"> To choose and use skills effectively for particular games <p>K & U of fitness and health</p> <ul style="list-style-type: none"> That being active is good for them and fun <p>Evaluating and improving</p> <ul style="list-style-type: none"> To watch, copy and describe what others are doing To describe what they are doing 	<p>Rawmarsh</p> <p>Games Unit Year 1</p> <p>Basic Game 1 – Merry Go Round (Lesson 1 – 6)</p>	<ul style="list-style-type: none"> skill tactic runs target area field; fielder strike; Striker striking/fielding game net game opponent; opposition place a ball look for space pass; bounce pass collect; retrieve improve; <p>Improvement</p>	<ul style="list-style-type: none"> warm up cool down stretch; stretches out of breath; breathing warm; cold temperature heart beat tense; tensed relax; relaxed