

## PE Scheme of Work - Overview and Medium Term Plans

Year R - Term 2a

Dance		Keywords & Phrases
Learning Objectives	Activities	
<ul> <li>Children should learn to:</li> <li>Move with confidence, imagination and in safety</li> <li>Move with control and co-ordination</li> <li>Show awareness of space, of themselves and others</li> <li>Recognise that changes happen to their bodies when they are active</li> </ul>	Rawmarsh	Actions
<ul> <li>Recognise and explore repeated sounds and sound patterns</li> <li>Match movements to sound patterns</li> <li>Respond in a variety of ways to what they see, hear and feel</li> </ul>		<ul> <li>geside</li> <li>Dynamics</li> <li>slow; fast</li> <li>big and small shapes</li> <li>forward; backwards</li> </ul>
This unit also makes a contribution to children learning to:		<ul><li>Space</li><li>on the spot</li><li>find a space</li></ul>
<ul> <li>Handle objects safely and with increasing control</li> <li>Express and communicate their ideas, thoughts and feelings</li> <li>Use imagination</li> </ul>		<ul> <li>move around the space</li> <li>move to another space</li> <li>over and along</li> <li>onto and off apparatus</li> <li>weaving in and out of</li> </ul>
		Body parts

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<ul> <li>foot; feet; hand; hands</li> <li>arm; leg; knee; back; tummy; seat</li> </ul>
Others
safe; safely
• copy
• tired; out of breath

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