



Thames View Infants *PE Scheme of Work – Overview and Medium Term Plans*

Year R – Term 1a

Games (Freeflow)	
Learning Objectives	Activities
<p>Children should:</p> <ul style="list-style-type: none">• Balance bean bags on different body parts• Pass bean bags round the different body parts• Aiming by under arm throwing at a target• Throw and catch a ball• Run, walk, hop, jump and stop with control• Ride a bike using the pedals	Reception 1a ('Freeflow' Provision)