PE Scheme of Work - Overview and Medium Term Plans

Medium Term Planning

Year 2 - Term 3a

Dance	Unit 4
Learning Objectives	Activities
 Children should: Copy and perform simple movements/rhythmic patterns. Understand that dance plays an importan part in other cultures. Recognise that dances have changed throughout history. Understand that dance is active and that changes will occur in their bodies. Change and vary their actions. Expected learning outcomes: To demonstrate different rhythms and rhythmic patterns. To repeat and remember the rhythms and patterns To demonstrate the ability to perform them in different formations. To perform whole dances which have a simple structure. To demonstrate the ability to take the time to the different movements. To observe each other dancing and identify and describe the different actions, relationships formations and quality of performance. To understand and talk about contrasting dynamic elements. 	 Copy cat (1 lesson) Pat-a-cake polka (1 lesson) Jumping Joan (1 lesson) Elsden circle dance (1 lesson) Anything goes (1 lesson) Galapede (1 lesson) Circassian circle (1 lesson) Music: Year 2 CD

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Document author: Paul Jordan
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