Medium Term Planning

Year 1 - Term 1b

Games	Throwing & Catching – Aiming Games
Learning Objectives	Activities
Children should: Confidently throw and catch with different apparatus, individually and within pairs Confidently throw and catch with one hand Aim, by rolling, kicking, bouncing and throwing at targets, using different apparatus Aim over/onto lines, at targets, hoops, skittles etc Participate co-operatively in aiming partner games.	Val Sabin 'Games' Unit 2

Medium Term Planning

Year 1 - Term 1b

Dance	Unit 1
Learning Objectives	**Activities**
Children should: • Respond to a range of stimuli. • Make rounded and spiky shapes with their bodies and create different patterns in the air on the floor. • Choose appropriate movements to express the dance ideas. Expected learning outcomes: • To explore actions in response to stimuli. • To know and perform basic dance skills in relation to dance ideas. • To explore a range of movements suitable for the idea and link them together. • To observe each other dancing and describe what they see. • To know how their bodies feel after dance activities.	Primary School Dance Val Sabin Topics: • Streamers (2 lessons) • Conkers (2 lessons) • Playing with a ball (2 lessons) Music: • Year 1 CD