




Menu to run from Tuesday 23<sup>rd</sup> April to 18<sup>th</sup> October 2019




Week 1	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Try it Out Thursday	Friday Favourites
Choice 1	Veggie Sausage	Roast Lamb & Yorkshire Pudding	Jerk Chicken Drumstick	Beef Burrito	Spaghetti & Meatballs in Marinara Sauce
Choice 2	Lemon & Herb Crusted Fish	Fisherman's Pie	Fish Biryani	Fish Burger with Salad & Lemon Mayo	Fish Fingers
Vegetarian	Cheese & Tomato Pizza	Mac 'n' Cheese	Vegetable Samosa with Dhal *	Quorn & Sweet Potato Curry & Rice	Southern Style Veggie Burger* in Wholemeal Bun
Unlimited Sides	Baked New Potatoes Sweetcorn Salad Selection	Roast Potatoes Seasonal Veg Salad Selection	Naan Bread Green Beans Cucumber Raita Salad Selection	Potato Wedges Organic Carrots Salad Selection	Chips Baked Beans Peas Salad Selection
Dessert	Apple Flapjack* 	Tropical Fruit Traybake 	Chocolate & Mandarin Mousse	Apricot Shortbread With Greek Yoghurt*	Jelly, Fruit & Ice Cream*
Daily Options	Fresh Fruit Platter / Organic Yoghurt  / Cheese & Biscuits / Freshly Baked Bread				
Weeks	<b>Week 1:</b> 23 <sup>rd</sup> April, 13 <sup>th</sup> May, 10 <sup>th</sup> June, 1 <sup>st</sup> July, 22 <sup>nd</sup> July, 2 <sup>nd</sup> Sept., 23 <sup>rd</sup> Sept., 14 <sup>th</sup> Oct				

Week 2	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Thursday	Friday Favourites
Choice 1	Spanish Omelette	Roast Chicken with Sage & Onion Stuffing	Chicken Tikka Drumstick	Lasagne (Beef)	'Brunch Special' Sausage, Egg Hash Brown
Choice 2	Tuna Hoagie Melt	Fish in Batter	Creamy Coconut Fish Curry & Naan	Fish Risotto	Fish Finger Wrap
Vegetarian	Quorn Hot Dog with Onions	Vegetarian Lentil Shepherd's Pie*	Vegetable & Quorn Enchilada	Roast Vegetable Pie*	Jacket Potato with Veggie Chilli *
Unlimited Sides	Focaccia Sweetcorn Salad Selection	Roast Potatoes Seasonal Veg Salad Selection	Green Beans Tomato & Cucumber Salad Selection	Organic Carrots Broccoli Salad Selection	Jacket Wedges Peas, Baked Beans Salad Selection
Dessert	Oat & Raisin Cookie*	Jelly, Fruit & Ice Cream*	Mango & Pineapple Crumble with Custard 	Lemon Sponge Slice* 	Waffle with Fruit & Ice Cream
Daily Options	Fresh Fruit Platter / Organic Yoghurt  / Cheese & Biscuits / Freshly Baked Bread				
Weeks	<b>Week 2:</b> 29 <sup>th</sup> April, 20 <sup>th</sup> May, 17 <sup>th</sup> June, 8 <sup>th</sup> July, 9 <sup>th</sup> Sept., 30 <sup>th</sup> Sept.				

\* Please indicate preference

\* Vegan – egg & dairy free dish

\* Egg free

Week 3	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Try it Out Thursday	Friday Favourites
Choice 1	Vegetarian Spaghetti Bolognese	Roast Turkey with Sage & Onion Stuffing	Lamb Keema & Naan Bread	BBQ Kickin' Chicken Wrap	Burger in Bun with Jacket Wedges
Choice 2	Fish Burger with Salad	Fish Fingers	Spicy Tuna Pizza	Tuna & Sweet Pepper Pasta Bake	Jacket Potato with Tuna & Sweetcorn
Vegetarian	Veggie Lasagne	Cheese & Leek Quiche	Chickpea & Potato Curry*	Moroccan Style Veggie Balls with Couscous*	Vegetable Stir Fry with Egg Noodles
Unlimited Sides	Jacket Wedges Broccoli Salad Selection	New Potatoes Seasonal Veg Salad Selection	Rice / Green Beans Cucumber Raita Salad Selection	Mini Corn on the Cob Salad Selection	Baked Beans Garden Peas Salad Selection
Dessert	Chocolate & Beetroot Brownie 	Dorset Apple Cake & Custard 	Lemon & Banana Loaf	Scotch Pancake with Fruit	Fruit Ice Lolly
Daily Options	Fresh Fruit Platter / Organic Yoghurt / Cheese &  its / Freshly Baked Bread				
Weeks	<b>Week 3:</b> 6 <sup>th</sup> May, 3 <sup>rd</sup> June, 24 <sup>th</sup> June, 15 <sup>th</sup> July, 16 <sup>th</sup> Sept, 7 <sup>th</sup> Oct				

\* Please indicate preference

\* Vegan – egg & dairy free dish

\* Egg free