



Thames View Infants 2018 School Dinner Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	
Meat	Burger in Bun with Salad & Spicy Wedges	Lamb & Vegetable Tikka Masala with Basmati Rice	Roast Turkey & Stuffing with Roast Potatoes and Gravy	Chicken & Sweetcorn Pasta Bake	Traditional Lamb Keema with Naan Bread	
Fish	Fisherman's Pie	Breaded Fish Bake With New Potatoes	Fish & Vegetable Risotto	Wholemeal Tuna Hoagie Melt	Fish Fingers with Chips	
Vegetarian	Chick Pea & Potato Curry with Fruity Peshwari Bread	Vegetarian Lasagne	Cheese & Leek Quiche with Roast Potaoes	Cheese & Tomato Pizza	Quorn Chilli Dog with Chips	
Vegetable Choice	Mini Corn on the Cob Mixed Vegetables	Fresh Cauliflower Garden Peas	Organic Carrots Fresh Cabbage	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans	
Dessert	Apple & Raisin Crumble with Custard	Apricot Flapjack	Rice Pudding with Peaches	Orange & Lemon Cheesecake	Fresh Fruit in Jelly & Ice Cream	
Daily Options	Fresh Fruit Platter / Organic Fruit Yoghurt/ Cheese & Biscuits / Homemade Bread					
Weeks	29 th October – 19 th November – 10 th December – 7 th January – 28 th January – 25 th February – 18 th March					





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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	
Meat	Baked Sausages with Mashed Potatoes	Lamb Spaghetti Bolognese	Roast Beef with Yorkshire Pudding with Roast Potatoes and Gravy	Chicken & Vegetable Jolloff Rice	Minced Lamb & Vegetable Pie with Jacket Wedges	
Fish	Jacket Potato with Tuna & Sweetcorn	Tuna & Sweetcorn Pizza	Cod In Cheese Sauce & New Potatoes	Fish Fingers in Bun with Salad	Breaded Fish & Lemon Slice with Jacket Wedges	
Vegetarian	Wholemeal Winter Crumble with Mashed Potatoes	Veggie Quesadilla	Quorn & Sweet Potato Curry with Rice	Roast Vegetable Pasta Bake	Vegetable & Lentil Curry with Rice	
Vegetable Choice	Fresh Cauliflower Mixed Vegetables	Sweetcorn Fresh Broccoli	Organic Carrots Garden Peas	Mini Corn on the Cob Roasted Peppers	Garden Peas Baked Beans	
Dessert	Chocolate & Mandarin Mousse	Peach Melba Sponge Slice with Custard	Tropical Fruit Slice	Plum Crumble with Custard	Fresh Fruit Salad with Ice Cream	
Daily Options	Fresh Fruit Platter / Organic Fruit Yoghurt					
Weeks	5 th November – 26 th November – 17 th December – 14 th January – 4 th February – 4 th March – 25 th March					





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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	
Meat	Spaghetti and Meatballs in a Marinara Sauce	Lamb Shepherd's Pie	Roast Chicken & Yorkshire Pudding with Roast Potatoes and Gravy	Lamb Lasagne	Jerk Chicken* with Chips or Rice*	
Fish	Tuna Pasta Bake	Fisherman's Pie	Fish in Creamy Coconut Curry With Basmati Rice	Herb & Lemon Cruncy Crusted Cod With New Potatoes	Fish Fillet in Batter with Chips	
Vegetarian	Quorn Sausage Toad in the Hole	Vegetable Samosa with Rice, Dhal & Raita	Spanish Omelette With Baguette Slice	Veggie Burger in a Wholemeal Bun With Salad	Vegetarian Chill with Chips or Rice*	
Vegetable Choice	Garden Peas Roasted Vegetables	Sweetcorn Green Beans	Organic Carrots Cauliflower	Country Vegetables Garden Peas	Baked Beans Caribbean 'Slaw	
Dessert	Peaches & Custard	Chocolate & Orange Sponge with Chocolate Sauce	Scotch Pancakes with Fruit & Ice Cream	Lemon & Banana Muffin Slice	Fruit Trifle	
Daily Options	Fresh Fruit Platter / Organic Fruit Yoghurt / Cheese & Biscuits / Homemade Bread					
Weeks	12 th November – 3 rd December – 21 st January – 11 th February – 11 th March – 5 th April					