

Thames View Infants



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Are you interested in a challenge? Then put the #cookingwithclaire @tvinfants skills to the test this Friday!

We've had a really great time this term, cooking food from around the world, lots of recipes from all over the world, some have been easy others more challenging. What's been great is the positive feedback from those that have attended. People are really starting to enjoy cooking for their families, the recipes have been a great success and there's loads more confident cooks out there now.

So what next? Well, I want to show you that with the skills you have you don't need a recipe, you need a little bit of knowledge, a slice of confidence, a few random ingredient, your store cupboard and a dash of imagination.

This Friday – there won't be a booklet, there won't be a shopping list, armed only with the store cupboard at Thames View Infants and challenged by any random ingredient that you bring, we'll create a feast.



It could be an banana that, as my mother would say, "needs using to save it's life", it could be a tin of something that has been at the back of the cupboard since before the Jubilee, a box of something you got in a hamper one year, an ingredient you saw in a recipe that you thought you'd try out, or my favourite – a special offer at the supermarket!

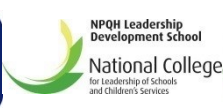
Bring something, bring a couple of things, lets see what we can create with left over, almost past their best, been in the freezer for a month, past their best. I'm sure we can reduce some food waste, make some delicious meals and show you just how simple, fun and delicious a cobbled together meal, snack or treat can be.



Come join me this Friday from 9am, we've even got 2 new cookers and a double hot plate to use this week after I blew one up the other week. I look forward to seeing you.

Best wishes

Claire Smith
Deputy Headteacher



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