



PERSONAL, SOCIAL, HEALTH EDUCATION AND CITIZENSHIP and SEAL

Year 2, Term 3a

WEEK NO.	LESSON TITLE	LEARNING OBJECTIVES	KEY QUESTIONS	TEACHING STRATEGIES & RESOURCES
1	Staying Healthy My stars* Week 1/Page 25	To be able to think positively about themselves.	What are we good at?	Paired discussion, Talking circles Lesson notes page 25 Emotional Intelligence pg 76
2	Staying Healthy What goes into my body?*	To know what is safe to go in your body	How do I choose what is safe to go in my body?	Talking circles Lesson notes page 26 Circling round citizenship pg 73
3	Staying Healthy What goes onto my body?*	To know what is safe to go on your body.	How do I choose what is safe to go on my body?	Talking circles Lesson notes page 27 Circling round citizenship pg 73
4	Staying Healthy Keeping healthy* Week 4/Page 28	To know how to keep healthy.	How can I keep myself healthy?	Brainstorm, talking circles Lesson notes page 28 Circling round citizenship pg 61
5	Staying Healthy Injections * Week 5/Page 29	To know the purpose of injections.	When and why do we have injections?	Talking circles Lesson notes page 29 Health for life pg 140-41
6	Staying Healthy More about Injections* Week 6/Page 30	To know which people can safely give them injections.	Whose job is it to give them an injection?	Talking circles, role play Lesson notes page 30 Health for life pg 140-41

\*Lesson taken from the "Spell Binder Education 2001" PSHE Scheme of Work.