



PERSONAL, SOCIAL, HEALTH EDUCATION AND CITIZENSHIP and SEAL

Year 2, Term 2a

WEEK NO.	LESSON TITLE	LEARNING OBJECTIVES	KEY QUESTIONS	TEACHING STRATEGIES & RESOURCES
1	Going for Goals Session 1.	To know that we learn in different ways.	What are your strengths as a learner?	Pammy's story page.5. Going for goals blue book Circle time poster Circle time rules
2	Going for Goals Session 2.	To be able to choose a realistic goal.	What goal/target do I want to achieve?	Game and song sheets Circle time poster Circle time rules
3	Going for Goals Session 3.	To be able to break a goal down into small steps.	How am I going to work on the target?	Game and song sheets Circle time poster Circle time rules A3 sheet with large stepping stones drawn on.
4	Going for Goals Session 4.	To know how to resist distractions.	How do you feel when people or things stop you achieving your target?	Feeling Fans Circle time poster Circle time rules
5	Risks* Week 4/Page 16	To understand when there are risks.	When am I at risk?	Talking circles, brainstorm, paired discussion Lesson notes page 16
6	Keeping safe* Week 5/Page 17	To know how to react safely in dangerous situations.	How do I keep myself safe?	Talking circles, brainstorm, paired discussion Lesson notes page 17 Time to Talk BK.3 pg 60-63

*Lesson taken from the "Spell Binder Education 2001" PSHE Scheme of Work.