



PERSONAL, SOCIAL, HEALTH EDUCATION AND CITIZENSHIP and SEAL

Year 1, Term 3b

WEEK NO.	LESSON TITLE	LEARNING OBJECTIVES	KEY QUESTIONS	TEACHING STRATEGIES & RESOURCES
7	Changes Session 1.	To understand that some things change naturally and some things can't.	What changes can you make happen?	Circle time games Photo cards of themselves at different ages /stages.
8	Changes Session 2.	To know what changes we can make happen.	What have you changed this year?	Circle time games and song sheets.
9	Changes Session 4.	To understand that they make their own choices about behaviour.	How can you change your behaviour?	Changes- blue book Naughty Nigel-pg 12. Circle time games and song sheets.
10	Changes Session 5.	To be able to make a plan to change behaviour in the class.	What behaviour would you like to change?	Circle time games and song sheets. Problem solving poster.
11	Changes Session 6.	To know that they can change their behaviour.	How do we know when change is good and when it is bad?	Circle time games and song sheets. Problem solving poster.
12	What we have enjoyed and learned* Week 12/Page 36	To understand the previous year's work, and begin to think about the coming year.	What have we enjoyed? What are we looking forward to?	Profile sheet, talking circles, paired discussion. Lesson notes page 36

*Lesson taken from the "Spell Binder Education 2001" PSHE Scheme of Work.