

## Thames View Infants PSHE Scheme of Work

## Reception, Term 3A

## Programme of study summary

## **Relationships**

Exploring feelings and within the context of our important relationships, including family and friends and developing knowledge, skills and understanding of self-awareness, managing feelings and empathy.

Wk	Learning Objectives	Areas of Development and Aspects of Learning
1	I can talk about feeling happy, sad and angry	
2	I know why sometimes I feel lonely	CL — Listening, Understanding, Speaking PSED — Making relationships, Self-confidence, Managing feelings and behaviour UW — People and communities
3	I am beginning to understand how I feel when I lose something or someone	
4	I can talk about how I feel if I lose something or someone	
5	I know what is fair and unfair	CL – Listening, Understanding, Speaking PSED – Making relationships, Self-confidence, Managing feelings and behaviour
6	I know how to sort something out if I think it isn't fair	

Intended Learning Outcome		
Understanding my feelings	I can tell when I am feeling sad or angry I can show someone when I am feeling sad, angry or happy I can tell you how it feels when things are unfair I can tell you how I feel if I am missing someone or have lost someone or something I care about	
Managing my feelings	I am beginning to understand that if someone leaves me they can still love me I can remember someone I care about even if they are not there I can talk about how I can feel better when I am feeling sad or missing someone	
Understanding the feelings of others	I can tell is someone is happy, sad or angry	
Making choices	I can tell you what is fair and unfair I can tell you when things are fair or unfair I know some ways I can make things fair	