



## Medium Term Planning

Year 2 - Term 1a

Games	Throwing & Catching – Inventing Individual Games
<b>Learning Objectives</b>	<b>Activities</b>
Children should: Throw and catch using a variety of apparatus Record and attempt to beat own scores in games Throw, catch, and bounce balls in different ways – whilst stationary, on the move, with either hands Invent games using throwing and catching and bouncing  Develop scoring techniques and methods	Val Sabin 'Games' Unit 1



## Medium Term Planning

Year 2 - Term 1a

Dance	Unit 1
<b>Learning Objectives</b>	<b>Activities</b>
<p>Children should:</p> <ul style="list-style-type: none"> <li>• Use a range of basic dance actions with understanding.</li> <li>• Work alone with guidance from the teacher to create movement ideas.</li> <li>• Use different levels, directions and speeds and choose appropriate actions for the dance ideas.</li> <li>• Understand and use contrasts in weight (dynamic elements).</li> <li>• Talk about the dance and why they liked it, using appropriate vocabulary.</li> </ul> <p>Expected learning outcomes:</p> <ul style="list-style-type: none"> <li>• To know and perform basic dance actions, with some ideas of mood and feeling.</li> <li>• To remember and repeat movement phrases and patterns with some level of control and co-ordination.</li> <li>• To change and vary actions and demonstrate contrasting speeds and weights.</li> <li>• To show an understanding of dance communicating ideas and unfolding stories.</li> <li>• To know that they need to warm-up and cool down for dance.</li> </ul>	<p>Primary School Dance Val Sabin</p> <p>Topics:</p> <ul style="list-style-type: none"> <li>• Balloons (3 lessons)</li> <li>• Reach for the stars (2 lessons)</li> </ul> <p>Music:</p> <ul style="list-style-type: none"> <li>• Year 2 CD</li> </ul>



## Medium Term Planning

Year 2 – Term 1b

Gymnastics	Parts of body high and parts of body low
<b>Learning Objectives</b>	<b>Activities</b>
Children should: Use a variety of ways of travelling and balancing close to the ground and far away from it Use and show balance positions with different parts of the body being the highest point or closest to the ground Travel close to the ground to pass underneath a partner who is holding a balance position Use of ideas with apparatus	Val Sabin 'Gymnastics' Section H