



## Medium Term Planning

Year 2 – Term 2b (part 1)

Gymnastics	Turning, spinning, twisting
Learning Objectives	Activities
<p>Children should:</p> <p>Understand and show a variety of turning jumps.</p> <p><math>\frac{1}{4}</math>, <math>\frac{1}{2}</math>, <math>\frac{3}{4}</math>, and full turn</p> <p>Understand the safety implications and show a variety of spins on different parts of the body</p> <p>Combine a turning movement in the air with a turning movement on the floor.</p> <p>Understand that 'fixing' one half of the body to the floor, and then there turning the other half produces a twisted position.</p> <p>Transfer, adapt and apply to apparatus.</p>	<p>Val Sabin</p> <p>'Gymnastics' Section J</p>



## Medium Term Planning

Year 2 - Term 2b (part 2)

Gymnastics	Linking movements together
<b>Learning Objectives</b>	<b>Activities</b>
<p>Children should:</p> <p>Understand how one movement can join into another smoothly and continuously and that movements can be performed at different speeds and on different levels.</p> <p>Understand and perform movements where different parts of the body the lead into the next action e.g., hands and head can lead into a forward roll and knees and hip into a shoulder stand.</p> <p>Know and understand that movements can be performed at different speeds and in different locations.</p> <p>Compose a short, simple sequence of two or three movements using any combination of travel, balance and jump.</p> <p>Transfer, adapt and apply onto apparatus</p>	<p>Val Sabin 'Gymnastics' Section K</p>